

I. Career Exploration

1. I know the exact job I want to do with my life and am 110% confident about it.
2. I know my areas of strength from taking interest and career inventories.
3. I know how long I'll have to go school and how much I'm likely to be paid for my desired job.
4. I know my desired job will be a great fit for me because of both my soft and hard skills.
5. I know at least two other really good long-term jobs that will be a good fit for me.
6. I know with zero doubt that I have chosen the correct employment goal for me.
7. I know the variety of employment paths that could be a good match for me.
8. I know about the level of competitiveness and the chances of me reaching my desired job.
9. I know I have a natural aptitude towards my desired job.
10. I know about other potential employment goals in case my original goal does not work out.

II. Work Based Learning Experiences

1. I know exactly what it will be like to work in the job that I want.
2. I know how my desired job's work space looks, sounds, and feels.
3. I know the technical details in the everyday work activities for my desired job.
4. I know I have the background to help me reach my desired job.
5. I know I can perform the essential functions of my desired job if given the opportunity.
6. I know what is expected of me when I start working in my employment goal.
7. I know I will be comfortable at my employment goal's work environment.
8. I know about the procedural nuances at my employment goal along with the reasons behind them.
9. I know I have gained substantial knowledge and skills from my past experiences.
10. I know I can successfully work at my employment goal with or without reasonable accommodation/s.

III. Post-Secondary Education Programs

1. I know the major I would like to apply to and enroll in.
2. I know about the different programs, services, and amenities offered from my college of choice.
3. I know I can list 10 things I must do in order to be successful as a student in my major and college.
4. I know what kind of work my major consists of and feel prepared to take it on.
5. I know how to use assistive technology and software to help me access class, assignments, and peers.
6. I know I will be excited to engage in my major's courses, projects, and group work.
7. I know I will have no problem fitting in with my college's student body and culture.
8. I know my expectations very well as a college student within my major's program.
9. I know my past experience and participation in enrichment activities has prepared me for college.
10. I know how and where to connect with support professionals in case I need help.

IV. Workplace Readiness Training

1. I know where to look for work and how to complete a job application with little to no hiccups.
2. I know I'm able to use word processing software to write my own resume.
3. I know how to prepare for and what to expect when attending a job interview.
4. I know my non-visual techniques will help me complete nearly any task, assignment, or project.
5. I know how much money I'll need to earn in order for me to live on my own comfortably.
6. I know I treat job search like it's a job in itself; have a recurring schedule and showing up on time.
7. I know how to tailor my resume to be more consistent to the job I'm applying to.
8. I know how to provide relevant interview answers and to support them with plenty of examples.
9. I know I have a wealth of different tools and strategies I can use in order for me to get things done.
10. I know about all the financial expenses I will be responsible for in order for me to live independently.

V. Instruction in Self Advocacy

1. I know I am effective in communicating, conveying, negotiating and/or asserting my interests.
2. I know individuals similar to my age and background who I regularly connect with for support.
3. I know when people understand my needs because I did an excellent job describing how I can be successful.
4. I know an adult who is like me that sets a great example in employment and independent living.